



ST. Margaret Regional School **CROSS COUNTRY**

Fall 2021 Registration Now Open!

REGISTER VIA [TeamSnap :: St. Margaret Regional School ::](#)

WHY SHOULD YOU RUN CROSS COUNTRY?

- ❖ to find a love for running
- ❖ to try a new sport
- ❖ to get in shape for other sports
- ❖ to make new friends
- ❖ to gain physical and mental strength
- ❖ to use the talents that God gave you.

PRACTICE

Our fall cross country practice will begin on Tuesday, 8/23

Mondays: Thompson Family Park in East Greenwich

Wednesdays: Thompson Family Park(TFP) in East Greenwich

Thursdays: Chestnut Branch Park (CBP) in Mantua

Time: 6:00pm – 7:00pm

Summer Running Series NOW!

Runners meet every Tuesday (TFP) & Thurs (CBP).

2021 PENDING SCHEDULE

September 11
Cherokee Challenge
@ Cherokee HS

September 18
South Jersey Shootout
@ Dream Park

September 25
League Meet #1
@Timber Creek Dog Park

October 2
League Meet #2
@Timber Creek Dog Park

October 9
Heros 5K OR South Jersey Open

October 23
League Meet #3
@Timber Creek Dog Park

October 30
Championships
@Timber Creek Dog Park



COACHING STAFF

BRIAN KING

PATRICIA MONAGHAN

JACK SMITH

BOB MASTROIANNI