

Sacred Heart, also called **Sacred Heart of Jesus**, in Roman Catholicism, the mystical-physical **heart of Jesus** as an object of devotion. In addition to a feast, now celebrated on the Friday of the third week after Pentecost, devotion includes acts of consecration and honour given to the image of the **Sacred Heart**.

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The devotion to the Sacred Heart is one of the most widely practiced and well-known Catholic devotions, wherein the heart of Jesus is viewed as a symbol of "God's boundless and passionate love for mankind". [Wikipedia](#)
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THE 12 PROMISES
of the Sacred Heart of Jesus to St. Margaret Mary Alacoque

*Our Lord Jesus Christ appeared to **St. Margaret Mary** between 1673-1675. Among the words spoken to her, she heard Jesus make 12 promises to those who would respond to the pleading of His Heart and make an effort to return His love.*

1. I will give them all the graces necessary in their state of life.
2. I will establish peace in their homes.
3. I will comfort them in all their afflictions.
4. I will be their secure refuge during life, and above all, in death.
5. I will bestow abundant blessings upon all their undertakings.
6. Sinners will find in My Heart the source and infinite ocean of mercy.
7. Lukewarm souls shall become fervent.
8. Fervent souls shall quickly mount to high perfection.
9. I will bless every place in which an image of My Heart is exposed and honored.
10. I will give to priests the gift of touching the most hardened hearts.
11. Those who shall promote this devotion shall have their names written in My Heart.
12. I promise you in the excessive mercy of My Heart that My all powerful love will grant to all those who receive Holy Communion on the First Fridays in nine consecutive months the grace of final perseverance; they shall not die in My disgrace, nor without receiving their sacraments. My divine Heart shall be their safe refuge in this last moment.

