

# JANUARY

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**1**

**2**

**3**

**4**

What better way to welcome the new year than with a bit of scarf trivia? No one really knows who is responsible for the creation of the scarf. It is believed the origin was from Ancient Rome and they were used for cleanliness. The original name was "sudarium" which is Latin for *sweat cloth*. Scarves were first used to wipe sweat from the face when it got hot. Roman soldiers wore scarves for protection from cold while conquering parts of Europe. Red scarves were worn to identify ranks in the Roman army. In time, soldiers of other nations began wearing them to identify country or rank. In the 19th century scarves were worn to show one's political leanings, and by the twentieth century, they signified club membership, universities and famous institutions.

So, this new year's winter, put on your scarf to stay warm!

**Alternate Lunches Available:  
Ham, Turkey, Cheese Hoagie or Sandwich,  
Baked Chicken Nuggets,  
Large Chef Salad or Assorted Cereals w/Milk & Yogurt**

**Please let us know what Alternate Lunch your Child would like when you place his/her order.**

**Please make checks payable to Duke Catering.**

**7**

- a) Pizza from Angelo's  
OR
- b) Waffles w/Sausage

Cookie  
Carrots w/Ranch Dip

**8**

- a) Chicken Cheesesteak  
OR
- b) Bagel w/Cream Cheese/  
Butter

Whole Fruit  
Cucumbers

**9**

- a) Walking Taco  
OR
- b) Rib A Que

Chips w/Salsa  
Peaches

**10**

- a) Mac and Cheese Bites  
OR
- b) Ravioli

Side Salad  
Applesauce

**11**

- a) Personal Pizza  
OR
- b) Turkey and Cheese Hoagie

Cookie  
Fruit Cup

**14**

- a) Cheese Melt  
OR
- b) Pizza from Angelo's

Pudding  
Pineapple

**15**

- a) Cheese Quesadilla  
OR
- b) Chicken Tenders

Side Salad  
Berry Cup

**16**

- a) Pancakes w/Bacon  
OR
- b) Pizza Krunchers

Grapes  
Veggie Cup

**17**

- a) Popcorn Chicken  
OR
- b) Sausage & Cheese Bagel

Pasta Salad  
Cucumbers

**18**

- a) French Bread Pizza  
OR
- b) Ham & Cheese Hoagie

Side Salad  
Cheez-Its

**21**

- a) Mozzarella Sticks  
OR
- b) Pizza from Angelo's

Goldfish  
Fruit Cup

**22**

- a) Cheesesteak Sandwich  
OR
- b) Pepperoni & Cheese Melt

Corn  
Grapes

**23**

- a) Chicken Nuggets  
OR
- b) Hot Ham & Cheese Roll-Up

Pudding  
Mixed Green Salad

**24**

- a) Meatball Sandwich  
OR
- b) Mac & Cheese

Peaches  
Cucumbers w/Ranch

**25**

- a) Personal Pizza  
OR
- b) Chef Salad

Graham Crackers  
Carrots

**28**

- a) Hamburger/Cheeseburger  
OR
- b) Pizza from Angelo's

Salad  
Apples

**29**

- a) Grilled Cheese  
OR
- b) Panzarotti

Italian Wedding Soup  
Carrots w/Dip

**30**

- a) Hot Dog  
OR
- b) Pizza Bagel

Chips  
Celery Sticks

**31**

- a) Chicken Patty  
OR
- b) Chili

French Fries  
Cucumbers

**Feb 1**

- a) French Bread Pizza  
OR
- b) Buffalo Chicken Quesadilla

Salad  
Cookie

**Menu subject to change**

**Duke Catering School Lunch Program - St. Margaret**